

A Study Related to the Impact of Socio-economic Factors on Risky Behavior of Students in MMRDA Region

Sanjay Rode

Assistant Professor

S.K.Somaiya College

Mumbai University

Mumbai

Youths are important for economic development of India. Therefore youths need special attention in terms of education and health. The policies for youth will help to achieve more economic growth. Therefore it is the responsibility of the government and all families to protect youths from various risky behaviors. This study is based on primary data collection of students in Mumbai Metropolitan Region (MMR). The data was collected from 1002 students in 18 to 25 age group from Mumbai, Thane city and Thane district. A detailed questionnaire was administered to students in Mumbai Metropolitan Region. The students were asked about different questions related to risky behaviors. Incidence of different risky behaviors among students is compared according to different suburbs, city and district. Finally, a logistic model is used to find the impact of the socio-economic antecedents separately for the whole sample and in each region. Finally, a logistic model was estimated by pooling the whole sample together for different kinds of risks in Metropolitan Region. Our central hypothesis implies that the coefficients of different risky behaviors should not positive and significant. If it is, then adjusting for all other factors, youths with risky behavior is associated with a higher incidence in metropolitan region. In this study, we found interesting results of risky behaviors of students in Mumbai Metropolitan Region. It is found that boys are driving more vehicles as compare to the girls. Those households which are rich usually buy car and bike. Youth drive the vehicles' of parents. They also drive vehicles of friends and relatives. They do not have license but they do not listen to their parents. They are from the rich households in metropolitan region. Therefore there is need to tackle this problem through suggestions of parents. It is the responsibility of the parents to tell the youths not to drive vehicles without their permission. If traffic police found vehicles driven by youth then they must stop such vehicles and inform to the parents. It will reduce the risky driving of youths in metropolitan region. There is need of counseling to such youths of such risky driving. In society, neighbor, friends, family, policy makers, police need to cautious and alerts of the risky driving by youths. Parents must inquire to teachers about how the youth spend time in educational institute. Youths do not wear seatbelt while driving four wheeler and helmet while driving two wheelers. In Mumbai Metropolitan Region, such youth driving related policies are important. Youths are smoking cigarettes because of friends and depression. It is the peer effect which affect on their health. Highly educated parents usually give freedom to youths. Youths are taking disadvantage of such situation. They have money and they spend for smoking. They develop smoking habit which is harmful for their health. It is the responsibility of the parents to observe the changing behavior of youth and smoking habits. If the youth is spending money on the smoking then parents must ask what is his regular spending of money. It is the responsibility of the parents to check the friend circle of the youth. In small families, parents must

spend more time with youth. It will help to solve their emotional and examination related failure problems. It is the responsibility of the parents to convenience the youth to avoid smoking if it is at primary stage. If the youth has depression then he/she must solve the issue by exercise, entertainment, talk, discussions etc. There are number of methods to reduce depression. Youth must taught yoga in each educational institute. Such things will automatically reduce the stress and smoking behavior among youths. Parents must give more attention on boys because they are involved more in smoking. The prevalence of youth smoking is a major public health concern. Health experts, economists, psychologist, educational experts should work together to stop youth smoking in long term. Now drinking alcohol at different functions is a fashion among youth in region. Some youths do not leave any occasion where they have not taken alcohol. It is the responsibility of the parents to observe the behavior of youth. They must observe behavior of the youth during different occasions and parties. Parents must observe the time spend by youth during parties. There is need of counseling to youth. There is need to observe the youth behavior in society and with friends. It is the responsibility of police to catch such alcohol drinking youths and send them for counseling centers. Society must keep watch on alcohol related parties of youths and alcohol drinking behaviors. Youth need counseling by psychologists for alcohol less regular life. At present, youth are depressed because of travelling, study and carrier prospect. Parents are investing money for their education and health. They travel across the city by train and bus. The local trains are over crowded in city. It is difficult for the youths to travel by such mode of transport. They get depressed due to different challenges and problems in region. Some youths are working in firms, company or they take tuitions. Some-time financial problem or experience makes youth more depressed during study period. Financial conditions put negative pressure on future prospects of youths. It is the responsibility of parents to spend time with youth. They should not keep more and more expectations from youth. Spending time with youth will help parents to understand their problems. Those parents have taken loan from financial institutions do not give money to student for regular spending. They give more pressure for good carrier and job. It is the time to understand the issues of students. Banks should offer educational loan to poor youths. Teachers must understand the condition of youths. Their role is important for guiding youths. Students are involved in physical fight with their friends. It is found that boys are fighting more with friends. Parents must help youth to change the risky behavior. House-hold environment is important for personality development of youth. Household environment must be healthy and non violent. Parents should teach non violence to youths and they should act according to it. Role of police is important in this direction. Whenever such youths are fighting, the role of the police is to convenience them for not to fight. Youth must not be allowed to drive car and bike at lower age. It will reduce further fights with friends. They are immature drivers which creates conflicts with friends. Boys are involved more in sexual activities as compare to girls. They do not spend more time in college. If they work more then they involve in sex related activities. It is the job of the parents to observe the behavior of the youths. They should modify youth risky behaviors through regular talks. Youth should spend time in educational institution than moving unnecessarily in city and parks. Some youths have girl and boyfriends. Friends are important for regular study. Parents much observe change in behaviors of youths at home. Youths must pay attention on study. It is the job of the teachers and parents to make them involve in study and develop interest in it. Those families have lower per capita income, the youths are malnourished. They have taken loans from financial institutions. Families must take care of the youths and give them good food and medical care. Government must provide income improvement schemes to poor households. Skill improvement of parents is useful tasks at this movement. Parents must provide the balanced diet to youth at home. The study found that as in most other societies, drinking and smoking among youth are by and large male behaviors. We have also found the similar results. Females are more malnourished and depressed in Mumbai Metropolitan Region. There is need of alternative policies to tackle risky behaviors among students. Many health risk behaviors are established during adolescent and often maintained into adulthood affecting health and wellness in later life. All the experts of different fields must have different policies for risky behaviors. Such alternative policies will help to reduce some extent of risky behaviors among students in Mumbai Metropolitan Region. Students and their future development will help society and nation. Therefore immediate steps in this direction will help to get long term gains.